AMSTERDAM UMC

N0. 05
AUG 2025

SAVE FGR NEWSLETTER



We're thrilled to share exciting news!
Our study is now officially open in the Netherlands, and we have already enrolled our first patients.
A fantastic milestone!

While the original plan was to start all centers at the same time, logistical challenges made that unfeasible. We're now rolling out step by step and are excited to get things underway...

🔍 SITE STATUS OVERVIEW

Hospital 🏥	Status 📍	Inclusions ➕
Amsterdam UMC	✅ Open	3
UMC Groningen	✅ Open	2
Erasmus MC	🕒 Starting in August	0
Isala Zwolle	🛠️ Expected start in September	0
Maastricht UMC+	🛠️ Expected start in September	0
Radboudumc	🛠️ Expected start in October	0

This achievement is thanks to the dedicated efforts of everyone involved at the participating centers — including research teams, clinicians, lab staff, medical technology specialists, and nursing departments!
Your collaboration has truly laid the foundation for success.



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More news – the amendment has been approved!

Here are the key updates:

✨ **The questionnaires focusing on psychological well-being, including symptoms of depression and anxiety, as well as overall quality of life have been aproved. These also cover emotional experiences before and after childbirth, providing a more complete picture of maternal mental health.**

🔬 **The informed consent now includes an option to use leftover material from NIPT (Non-Invasive Prenatal Testing) and PSIE (Pre-Screening for Infectious and Endocrine factors) for the biomarker work package. This broadens the opportunities for understanding the miRNA dynamics.**





In July, the study protocol for publication was submitted to *BMC Pregnancy and Childbirth* and is currently under review!

Last but not least: we're happy to share that approvals in the other countries are nearly finalized, allowing us to begin start-up activities there very soon! ✨✨

🌍 INTERNATIONAL SITE STATUS OVERVIEW

Country 🌍	Status 📋	Details / Next Step ➡ SOON
🇵🇱 Poland	📤Submitted to EC	Awaiting ethics approval
dk Denmark	🧩Finalizing	Ethics submission planned in August
🇧🇪 Belgium	🪄Finishing touches	Submission documents being finalized

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